



**LAPORTE
HEALTH
CENTER**

11^{AM} - 1^{PM}

Upstairs
Conference Room

**Earn
Rewards**

This is a chance for people with diabetes, caregivers, and family members to learn and share in a small welcoming setting facilitated by a professional in diabetes care and management.

Sponsored by KBIC
Diabetes Program

Diabetes Talking Circle

**February 19
Ready... Set... Goals**

**March 19
Diabetic Medications**

**April 16
Reading Food Labels &
Supplements**

Lunch is provided.

You must be registered for this program.

**Call Heather at 353-4546 to register or
for more information.**